

GroupLine

News and updates for advisors
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HEALTH & WELLNESS

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21-20

Workplace Strategies for Mental Health launches new website

It will be easier for you to find the tools and resources you need to improve your career, your team and your organization. They're all available at no cost to anyone, compliments of Canada Life, so share the website address with others so they can make a difference, too.

You'll find easy-to-use workshop materials and team activities you can host in person or online. Here are a few new or updated resources for today's changing workplace:

Teams

- Updated – [Assessments, tools and workshops](#)
- New – [Hybrid teams](#)
- Updated – [Facilitation tips for leaders](#)

Employees and your families

- Updated – [Mental health awareness weekly emails](#)
- New – [Loss and grief](#)
- Updated – [Emotional intelligence self-assessment](#)

People leaders

- Updated – [Back-to-work checklist](#)
- New – [Building trust for leaders](#)
- Updated – [Psychologically safe leader assessment](#)

Keep Workplace Strategies at your fingertips

Bookmark clwsmh.com as your go-to source of tools and resources for workplace mental health and psychological safety.

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You may also [create a secure profile](#) if you wish to save your favourite content, share your feedback and enjoy other benefits.

And keep our website address visible for you and others – download and print the poster on our [About us](#) webpage for display in your workplace.

Enjoy exploring the new site!